

REVIEW OF HARMS OTHER THAN SEXUAL

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| WHO DID I HURT: | WHAT DID I DO? | AFFECTS MY: |
|------------------------|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| | | Which part of self caused me to do what I did? Was it caused by the social instinct, the security instinct, or the sex instinct? |
| | | |

Adapted from *The Joe & Charlie Big Book Study*
4th. Step Guide Free Worksheets